



# STANDARDS FOR BACKCOUNTRY RIVER TRIPS

**DURING THE COVID-19 PANDEMIC**

## SCREENING EMPLOYEES

All Adrift Dinosaur employees will be screened every day before work.

## SCREENING GUESTS OVERVIEW

People at higher risk for severe illness from COVID-19 SHOULD NOT GO on backcountry trips. High-risk individuals include, but are not limited to people with the following conditions:

- Over 65 years of age
- Chronic lung disease or moderate to severe asthma
- Severely obese
- Diabetes, chronic kidney disease, or undergoing dialysis
- Liver disease
- Other immunocompromised individuals (HIV, undergoing cancer treatment, or other underlying medical conditions)

Guests determined to be at higher risk are strongly advised not to go on the trip.

## SCREENING GUESTS: BEFORE ARRIVAL

3-4 days before arrival, every guest is required to fill out a questionnaire with the following questions:

1. Have you recently experienced any of the following symptoms?
  - a. Fever (100.4°F/38°C or higher) or chills?
  - b. Cough that you cannot attribute to another health condition?
  - c. Shortness of breath or difficulty breathing that you cannot attribute to another health condition?
  - d. Sore throat that you cannot attribute to another health condition?
  - e. Muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)
  - f. Loss of taste or smell?
2. Have you been in contact with someone who has been ill with flu-like symptoms in the last 14 days?
3. Have you been diagnosed with COVID-19 in the last 30 days?  
If "yes", please enter the date you were notified that you were no longer contagious with COVID-19.
4. Have you been tested for COVID-19? If yes, when was the test and what were the results?
5. Have you been tested for COVID-19 antibodies? If yes, what were the results?

## **SCREENING GUESTS: UPON ARRIVAL**

All guests will be asked if anything has changed since filling out the questionnaire and will have their temperature taken. If any guest has a temperature of 100.4°F/38°C or higher, they and their immediate traveling party will not be allowed on the tour.

## **SCREENING GUESTS: MULTI-DAY TRIPS**

All guests will be asked if anything has changed since filling out the questionnaire and will have their temperature taken. If any guest has a temperature of 100.4°F/38°C or higher, they and their immediate traveling party will not be allowed on the tour.

## **DAILY SYMPTOM CHECKS**

All guests, including guides, will be asked the symptom questionnaire and have their temperature checked daily.

If someone experiences COVID-19 symptoms during a trip, here is what you can expect from Adrift Dinosaur:

- The sick person will be removed from the trip. If this is not feasible, they will be isolated from others for the remainder of the trip.
- The symptomatic person will be required to:
  - Wear a mask for the remainder of the trip.
  - Be kept at least 6 feet from others for the remainder of the trip, if feasible.
  - Sleep in a separate isolation tent with a dedicated sleep kit for the remainder of the trip.
  - Use a single set of utensils for the remainder of the trip.
  - Cough into their elbow creases.
  - Stay well hydrated.
- Good hand and surface hygiene are critical to preventing transmission.
- Adrift will notify an NPS public health consultant as well as appropriate agencies.
- If a high-risk individual (see definition above) experiences worsening conditions, Adrift Dinosaur will recommend immediate evacuation or increasing river miles and/or pace of trip to expedite advanced medical care.
- Adrift Dinosaur has developed their own evacuation plan and conveyed this information to Dinosaur National Monument.

## **PRECAUTIONS TO MINIMIZE TRANSMISSION RISK**

- Boat loads will be managed according to groups who are traveling together.
- The number of people in buses will be reduced to accommodate spreading out of guests. Groups traveling together may be seated together. Adrift Dinosaur's river operators will develop their own transportation plan following current public health guidance.
- Unless a group is traveling together, group sizes will be limited.
- Each guest will have an assigned lifejacket, paddle, and drybag for the whole trip, labeled with their name.
- Guests will be spaced according to current guidelines in food lines and while eating meals, hiking, and camping.
- Each boat will have its own water cooler, which is only to be used by that boat's guests. Adrift Dinosaur's river operators will dispense water when refilling water bottles after washing hands in camp and when feasible while on-river after using hand sanitizer.

## **FOOD SERVICE GUIDELINES**

- Use of gloves and face coverings will be mandatory while preparing all food.

## **HAND WASHING ON THE RIVER**

- Hand wash systems will be set up first when arriving in camp (or at any other stopping point) and remain set up for the duration of the stop.
- Hand washing stations will be set up at entrance to toilet facilities and near the kitchen area.
- Each boat will be equipped with hand soap and/or hand sanitizer.
- Hand washing will be required:
  - Upon arrival in camp.
  - After finishing the “fire line” and before moving to the next thing.
  - After blowing one’s nose, touching one’s face, coughing or sneezing.
  - Before and after using the toilet.
  - Before eating or preparing food.
  - Before putting dishes away and/or packing up the “kitchen.”
  - After contact with animals or pets.
  - After removing gloves and before donning new gloves.
  - After contact with a person who is ill.

## **PERSONAL CAMPING AND RAFTING GEAR**

- Tents and cots will be assigned to the same people for the duration of the trip.
- Tents will be sprayed with sanitizer and let dry in direct sunlight before returning to tent bag.
- Cot bags will be sprayed with approved sanitizer before loading on boats.
- Tents, cots, and dry bags will be sanitized between trips. Sleeping bags will be washed between trips.

## **VEHICLES**

- All vehicles will be cleaned and sanitized meticulously after each trip. All surfaces will be wiped down, including all handles (inside and outside), seat belts, seat belt latches, hard surfaces (windows), dash, knobs, steering wheel, etc.
- Hand sanitizer will be available in all vehicles.